

# Lesson plan

## Options at 18



40  
Minutes

16-17  
Age

KS5:L3  
PSHE

## Learning outcomes

### By the end of the lesson students will:

- Explain their range of options at 18
- Understand their own preferred learning styles and describe how these might affect their decision at 18
- Discuss their preferred career option and the routes available to get there and how this might affect their decision at 18

## Summary of the lesson

Students will be encouraged to consider their options at 18. Activities and discussions around entering employment, university, further education and apprenticeships are included in this lesson plan. Gap years will also be discussed.

### Classroom requirements

- Interactive whiteboard
- Computer/device per student
- 5 flipchart sheets of paper, blue tac and pens
- **Options at 18** form/worksheets, one per student

### Suitable for students aged

16-17

### Time required to complete tasks

40 mins max

### Gatsby Benchmarks covered



### Learning area in the CDI Career Development Framework

Grow throughout life / Explore possibilities / Manage career

### Programme of Study for PSHE Education

KS5:L3

### Skills Builder Universal Framework



# Lesson activities

## 1. Starter activity

### Students who have a Morrisby account:

Play the video Options at 18 to set the scene for the session. Higher customers please use the version called **For Higher Customers**.

### Students who don't have a Morrisby account:

Play the Careerpilot video to set the scene for the session.

Explain that the video features a range of young people talking about the different routes they took at 18.

Time  
required

5  
Min

### Resources

<https://morrisby.wistia.com/medias/r3jo2d54ss>

For Higher customers:  
<https://morrisby.wistia.com/medias/3k8t8z6ywk>

[www.careerpilot.org.uk/stories/icoould-choices-at-18-video](http://www.careerpilot.org.uk/stories/icoould-choices-at-18-video)

## 2. Pros and cons

Ask students to get into five groups. Stick five flip chart sheets around the room and ask the students to work together to complete one at a time. Flip chart sheets should have the headings 'employment', 'higher education', 'apprenticeships', 'further education' and 'gap year'. Each sheet should also have two columns; 'pros' and 'cons'. After 2 minutes, give them the chance to rotate to the next sheet and so forth, until each group has visited each one.

Go through the ideas on the flip chart sheets, elaborating where there are gaps in understanding or knowledge. For help with this element, more information can be found on [CareerPilot](#).

Time  
required

15  
Min

### Resources

5 flipchart sheets of paper, blue tac and pens

## 3. Preferred learning style

### Notes:

- The learning style tab is only available when a student has completed all 5 aptitude assessments, interests and personality questionnaires
- The form **Options at 18** is available to schools using Tracker. Schools not using Tracker may use the worksheet **Options at 18**

Time  
required

5  
Min

### Resources

Computer/device per student



### 3. Preferred learning style (continued)

#### Students who have a Morrisby account:

Ask students to login to their Morrisby account at [www.morrisby.com](http://www.morrisby.com) with their username and password and view (or review) their results.

Students go to **About Me** and select the **Learning Style** tab to view their results. They complete questions 3 and 4 on their **Options at 18** form or worksheet to help them understand their results.

#### Students who don't have a Morrisby account:

Ask students what they understand by 'learning style'. Ask for volunteers to describe their learning style and how they utilise their learning style to support their current studies.

Emphasise the importance of choosing a route at 18 that is compatible with your learning style.

#### Resources

Students can locate the **Options at 18** form in **Progress > Activities > Options at 18**

#### Resources

OR hand out worksheet **Options at 18**

### 4. Career aspirations

In this activity students will access online careers information to research routes to careers that interest them. Signpost students to the most appropriate website for them and then direct their research as follows:

Encourage those who know what they want to do to research the options available to reach their preferred career (considering higher education, apprenticeships, further education and employment specifically).

Encourage those who do not know what they want to do to research a career which seems interesting to them or they have thought about doing in the past, to find out the typical routes taken.

#### Students who have a Morrisby account:

Use the **Careers** tab in their Morrisby account to undertake research and the **Options at 18** form to record this research (questions 1 and 2).

#### Students who don't have a Morrisby account:

Direct them to the relevant website to explore entry routes to careers:

England: <https://nationalcareers.service.gov.uk/explore-careers>

Wales: <https://careerswales.gov.wales/job-information>

Scotland: [www.myworldofwork.co.uk/my-career-options/job-categories](http://www.myworldofwork.co.uk/my-career-options/job-categories)

Use the worksheet **Options at 18** to support this research.

Time  
required

10  
Min

#### Resources

Computer/device  
per student



## 5. Conclusion

Check what progress students have made with the **Options at 18** form or worksheet; ask them to complete this in their own time and share with their parents.

Time  
required

5  
Min

Resources

Computer/device per  
student

## Differentiation

Students begin to look in more detail at their preferred option(s), listing:

- Higher education, further education or apprenticeships options currently available - specific courses, apprenticeships



## Extension activities

**Students who have a Morrisby account:**

- If they haven't completed all elements of the profile they should be encouraged to do so. Note: not all schools include the spatial and mechanical tests in the initial assessment, and the priorities questionnaire and study interests questionnaire are optional. As described in the video, completing all these elements will maximise the functionality of a student's Morrisby Profile
- For homework, students should be encouraged to complete the **Options at 18** form or worksheet then discuss their options with their parents/guardians. They can add this as a goal in their Morrisby Action Plan

**Students who don't have a Morrisby account:**

- If students aren't aware of their learning style they can answer the quiz **What's Your Learning Style?** at <http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml> before completing the **Options at 18** worksheet
- For homework, students should be encouraged to complete the **Options at 18** worksheet then discuss their options with their parents/guardians

